



CFfi CYMRU WALES YFC

Sioe Frenhinol Amaethyddol Cymru
Royal Welsh Agricultural Show
Maes y Sioe | Showground, Llanelwedd

22-25/07/2024

Cystadlaethau a Rheolau
Competitions and Rules

Dyddiad Cau
Closing Date

03/07/2024





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Amended 09.04.2024



THEMA

Gwasaneuthau Brys

Oed Cystadlu: Dylai pob aelod fod yn 28, 21, 18 neu 16 oed neu iau ar y 1af o Fedi 2023, oni bai y nodir fel arall yn y rheolau.

Nodir yr oedrannau cystadlu penodol o dan bob cystadleuaeth.

Bydd rhaid i bob cystadleuydd fod yn aelodau llawn o Glwb CFFI yng Nghymru sy'n gysylltiedig â CFFI Cymru neu FfCCFFI. Bydd yn ofynnol i gystadluewyr ddangos eu cardiau aelodaeth ar gyfer pob cystadleuaeth.

Bydd methu dangos cerdyn aelodaeth ddilys (â llun) yn arwain at gosb o £10. Ni chaniateir i aelodau gystadlu os nad yw eu henwau ar y rhestr o'r sawl sydd wedi talu i fod yn aelod o'r Ffederasiwn ac os na fyddant yn gallu dangos cerdyn aelodaeth ar ddechrau'r gystadleuaeth.

THEME

Emergency Services

Competing Age: All members should be 28, 21, 18 or 16 years of age or under on the 1st September 2023, unless specified otherwise in the the rules.

Specific competing ages are noted under each competition.

All competitors must be full members of a YFC Club based in Wales and affiliated to either Wales YFC or NFYFC. Competitors will be required to show their membership cards for all competitions.

Failure to produce a valid membership card (with photo) will result in a £10 penalty charge. Any member whose name is not listed as a current paid up member of the Federation and who cannot produce a membership card at the start of the competition will not be allowed to compete.



CYSTADLEUAETH 1

ARDDANGOSFA FFEDERASIWN

TEITL

200 mlynedd o'r RNLI

TÎM

Hyd at chwech aelod (28 mlwydd oed neu'n iau). Ni chaniateir mwy na phedwar aelod i lwyfannu a pharatoi'r arddangosfeydd. Caniateir i ddau aelod ychwanegol i godi'r ffrâm yn unig.

MESURIADAU

Caniateir y mesuriadau canlynol: 6' (1m 82.9 cm) o uchder; 6' (1m 82.9 cm) o led; 4'6" (1m 37.1 cm) o ddyfnder - uchafswm y mesuriadau allanol (gweler y rheolau cyffredinol ynglŷn â'r cosbau cysylltiedig ar gyfer arddangosfeydd sydd ddim yn bodloni'r gofynion maint angenrheidiol)

AMSER

Gweler y 'manyllion ynghylch yr amser a glustnodir i gyrraedd a chodi'r arddangosfa' a'r rheolau cyffredinol ynghylch cosbau am gyrraedd yn hwyr. Gellir datgymalu'r arddangosfeydd ar ol 3yp ar y 25ain o Orffennaf, 2024.

Caiff yr holl arddangosfeydd eu beirniadu ddydd Sul, 21ain o Orffennaf, am 4.15yp.

CYFLENWAD TRYDAN

Bydd un soced drydan ar gael ar gyfer pob arddangosfa yn Sioe Frenhinol Cymru, a chaniateir un wifren drydan yn unig i bob arddangosfa. Mae'n ofynnol fod unrhyw blygiau a ddefnyddir gan y cystadleuwyr wedi cael prawf PAT.

NODIADAU

Rhaid i bob aelod wisgo côt wen. Bydd y Ffederasiynau sy'n cymryd rhan yn gyfrifol am unrhyw labeli; gallant fod yn Gymraeg yn unig, yn Saesneg yn unig, neu'n ddwyieithog. Rhaid i'r holl adeiladu gael ei wneud gan yr aelodau. Dylai'r cystadleuwyr adael popeth yn yr arddangosfa dros gyfnod o bedwar diwrnod y Sioe, felly ni chaniateir unrhyw fwydydd darfodus. Mae'r cystadleuwyr yn gyfrifol am yr holl eitemau yn eu harddangosfa. Os gwelir fod unrhyw eitem yn dirywio yn ystod cyfnod y Sioe, bydd gan y stiwardiaid yr hawl i'w dynnu

COMPETITION 1

FEDERATION DISPLAY

TITLE

200 Years of the RNLI

TEAM

Up to six members (28 years of age or under). No more than four members to stage and prepare displays. The two additional members are only permitted to erect the frame.

MEASUREMENTS

Space allowed 6' (1m 82.9 cm) high; 6' (1m 82.9 cm) wide; 4'6" (1m 37.1 cm) deep - maximum outside measurements (please see general rules regarding penalties for displays which do not meet the necessary size specification).

TIME

Please see the 'allocated time of arrival and erection details' for setting up period and general rules on penalties for late arrivals. Dismantling can take place after 3pm on the 25th July 2024.

All displays will be judged on Sunday, 21st July at 4.15 pm.

ELECTRIC

One electric socket will be available per display at the Royal Welsh Show, and only one trailing lead allowed from the display. It is a requirement that any plugs being used by competitors are PAT tested.

NOTES

All members must wear white coats. Participating Federations to be responsible for all labelling, this may be in English only, Welsh only, or bilingual. All construction to be made by members. All competitors to leave everything on display for the four days of the Show and therefore no perishable foods allowed. Competitors are responsible for all items on display. If any item is found to deteriorate over the Show period, stewards will be authorised to remove it. Federation Organisers will be responsible for co-ordinating the arranging and

**MUDIAD FFERMWYR IFANC CYMRU
WALES FEDERATION OF YOUNG FARMERS' CLUBS**

RHEOLAU 2023-2024 RULES

SIOE FRENHINOL CYMRU | ROYAL WELSH SHOW



oddi yno. Bydd Trefnyddion y Ffederasiynau yn gyfrifol am gydlynu'r gwaith o osod a datgymalu'r arddangosfa wedi'r Sioe. Tynnir marciau o'r cyfanswm terfynol os na fydd Ffederasiynau yn cadw at y rheol hon.

Ni fydd safleoedd cyfartal yn cael eu caniatáu yn y gystadleuaeth hon.

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

Bydd dirwyon i'r Ffederasiwn Sir os bydd UNRHYW ddeunydd yn cael ei adael ar ôl y Sioe Frenhinol, oni bai y trafodwyd yn flaenorol gyda CFFI Cymru.

Rhaid i'r timau gofio y dylai'r arddangosfa fod yn addas i'w gweld gan blant a phobl o bob oedran.

SYSTEM FARCIO

Dehongli'r thema	30
Saerniaeth y cefndir a'r llwyfannu	15
Ansawdd y cynnwys	20
Argraff a chyflwyniad cyffredinol	25
Defnydd o'r lle a ganiateir	10

Cyfanswm 100

dismantling of the display after the Show. Marks will be deducted from final placing if Federations do not honour this rule.

No equal placings allowed in overall positions of this competition.

No mobile phones to be used during preparation, competition and setting up.

There will be fines for the County Federation if ANY materials are left after the Royal Welsh, unless previously discussed with Wales YFC.

Teams must remember that the exhibit should be suitable for viewing by all ages.

SCALE OF MARKS

Interpretation of theme	30
Workmanship of backing and staging	15
Quality of content	20
Overall impression and presentation	25
Use of space allowed	10

TOTAL 100



CYSTADLEUAETH 2

CYSTADLEUAETH BLODAU

CYSTADLEUAETH YR AELODAU

Rhaid arddangos holl eitemau Cystadleuaeth yr Aelodau tan 3yp, ar ddydd Iau 25ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

THEMA

Tusw ar gyfer gweithiwr GIG

TÎM

Un aelod (16 mlwydd oed neu'n iau).

TASG

Paratoi arddangosfa i ddarlunio'r thema 'Tusw ar gyfer gweithiwr GIG' gan ddefnyddio amrywiaeth o flodau a deunydd planhigion naturiol.

COSTAU

Dim mwy na £30 (heb gynnwys y Dail). Dylid arddangos y costau yn ogystal â derbynebaw gwreiddiol.

ARDDANGOSFEYDD

Gall cystadleuwyr ddefnyddio cefnwrdd os dymunant, ond rhaid iddynt eu darparu eu hunain. Rhaid i bob coesyn fod mewn dŵr.

LLE GWEITHIO

Hanner bwrdd trestl – gofod gwaith.
Mesuriadau: Lled o 76cm x dyfnder o 60 cm x unrhyw uchder a ddymunant.

AMSER

1 awr a 5 munud ychwanegol i sicrhau nad yw'r trefniadau wedi cael eu hamharu wrth glirio.

NODIADAU

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

Eleni bydd y gystadleuaeth yn cael ei chynnal yn adran Garddwriaeth newydd y Sioe Frenhinol, ac nid ym Mhabell y CFFI.

COMPETITION 2

FLORAL COMPETITION

MEMBERS' COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 25th July. Removal of an exhibit before this time will result in the allocated marks being withdrawn.

THEME

A Bouquet for an NHS worker

TEAM

One member (16 years of age or under).

TASK

Prepare an exhibit to depict the theme of 'A bouquet for an NHS worker' using a selection of flowers and natural plant material.

COSTINGS

Not to exceed £30 (excluding Foliage). Costings as well as original receipts to be displayed.

DISPLAY

Competitors are allowed to use back boards but are to supply these themselves. All stems must be in water.

WORK SPACE

Half a trestle table – working space.
Display space - 76cm wide x 60cm deep x unlimited height.

TIME

1 hour plus a further 5 minutes to check that arrangements have not been disturbed during cleaning up operations.

NOTES

No mobile phones to be used during preparation, competition and setting up.

This year the competition will be held in the new Horticulture section of the Royal Welsh Show, and not in the YFC Marquee.



Cyfanswm o 100 - i'w feirniadu yn unol â'r canllawiau (a amlinellir isod) a bennwyd gan Gymdeithas Genedlaethol y Cymdeithasau Gosod Blodau (N.A.F.A.S.). Gellir cael copïau o Lawlyfr Cystadlaethau NAFAS (trydydd rhifyn) gan NAFAS Enterprises Ltd, Osborne House, 12 Devonshire Square, Llundain, EC2M 4TE. Rhif ffôn: 02072475567.

1. Cadw at eiriad y gystadleuaeth.
2. Y deunydd planhigion yn amlycach na'r holl elfennau eraill.
3. Deunydd planhigion sy'n ddi-nam, mewn cyflwr da ac yn briodol.
4. Dehongliad clir o'r teitl a'r thema a ddewiswyd. Dylai deunydd y planhigion helpu i ddehongli'r thema a ddewiswyd heb ddibynnu'n llwyr ar yr ategolion.
5. Defnydd da o egwyddorion dylunio a'r lle a ganiateir. Y defnydd o gydbwysedd, graddfa, llinellau, lle, gwead a lliw yn cyfrannu at harmoni'r cyfanwaith.
6. Dylai unrhyw lieiniau bwrdd a sylfeini a ddefnyddir, yn ogystal â'r cynhwysydd ac unrhyw deitl, fod mewn cyflwr perffaith, yn addas i'r thema, a ddim yn amlycach na phopeth arall o ran maint neu liw.
7. Dylai ategolion, os yn eu defnyddio, fod mewn harmoni gyda gweddill yr arddangosfa a hynny ar raddfa gydag ef a'r ategolion eraill.

Total 100 marks - to be judged according to the guidelines (outlined below) laid down by the National Association of Flower Arrangement Societies (N.A.F.A.S.). Copies of the NAFAS Competitions Manual (third edition) may be obtained from NAFAS Enterprises Ltd, Osborne House, 12 Devonshire Square, London, EC2M 4TE. Tel: 02072475567.

1. Adherence to the competition wording.
2. Predominance of plant material over all other components.
3. Plant material that is unblemished, well conditioned and appropriate.
4. Clear interpretation of the title and chosen theme. Plant material should help to interpret the chosen theme without the sole reliance on accessories.
5. Good use of design principles and of the space allowed. The use of balance, scale, line, space, texture, and colour contribute to the total harmony.
6. Tablecloth and bases if used, as well as container and any title, in immaculate condition, suitable to the theme and not dominant in size or colour.
7. Accessories if used that are in harmony with the rest of the exhibit and that are in scale with it and with each other.



CYSTADLEUAETH COGINIO

CYSTADLEUAETH YR AELODAU

Rhaid arddangos holl eitemau Cystadleuaeth yr Aelodau tan 3yp, ar ddydd Iau 25ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

THEMA

Cinio Dathlu'r Gwasanaethau Brys

TÎM

Dau aelod (28 mlwydd oed neu iau).

TASG

Tîm o 2 aelod i goginio pryd dau gwrs a osodwyd gan y beirniad. Rhoddir rhestr o gynhwysion a'r dull/rysâit ar y diwrnod i aelodau eu dilyn. Bydd un pryd yn sawrus ac un yn felys.

Bydd CFFI Cymru yn darparu'r holl gynhwysion angenrheidiol gyda chostau heb fod yn fwy na £20. (siroedd i'w bilio am bob set o gynhwysion)

OFFER

Bydd rhestr o'r offer sydd ei angen yn cael ei ddosbarthu 1 wythnos cyn y gystadleuaeth, gan gynnwys prydau arddangos.

Aelodau i ddod a halen a phupur.

Bydd popty trydan bach ar gael i bob tîm (cystadleuwyr i ddefnyddio'r popty a ddarperir).

AMSER

Caniateir awr i goginio, gan gynnwys arddangos y pryd yn yr alcof gwyn a ddarperir (68.5cm X 68.5cm X 61cm o uchder) (gellir gosod deunydd cefndir ac ategolion cyn i'r awr gychwyn ac ni fydd yn cael ei gynnwys yn yr amser).

Rhoddir 15 munud i ddarllen a deall y rysâit.

Caniateir 1 awr i goginio'r rysâit - yn ogystal â phwyso a pharatoi'r cynhwysion.

Caniateir 15 munud ychwanegol i aelodau gwblhau holiadur hylendid bwyd.

COOKERY COMPETITION

MEMBERS' COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 25th July. Removal of exhibit before this time will result in the allocated marks being withdrawn.

THEME

Emergency Services Celebration Dinner

TEAM

Two members (28 years of age or under).

TASK

Team of 2 members to cook a two-course meal set by the judge. Members will be given a list of ingredients and the method/recipe on the day for members to follow. One dish will be savoury and one will be sweet.

Wales YFC will provide all necessary ingredients with costs not exceeding £20. (counties to be billed for each set of ingredients)

EQUIPMENT

A list of equipment needed will be circulated 1 week prior to the competition, including display dishes.

Members to bring salt and pepper.

A small electric cooker will be available per team (competitors to use the cooker provided).

TIME

One hour is allowed for cooking, including displaying the dishes in the white alcove provided (68.5cm X 68.5cm X 61cm high) (background material and accessories can be arranged before the hour starts and will not be included in the time).

15 minutes will be given to read and understand the recipe.

1 hour will be allowed to cook the recipe- as well as weigh and prepare the ingredients.

An additional 15 minutes will be allowed for members to complete a food hygiene questionnaire.



COSBAU AMSER

Os na fydd timau'n gorffen o fewn yr awr ar gyfer coginio (15 munud ychwanegol ar gyfer holiadur), bydd 1 pwynt y funud yn cael ei dynnu o'r sgôr terfynol.

LLE GWEITHIO

Un bwrdd trestl gan gynnwys lle i'r popty.

ARDDANGOSFA

Rhaid arddangos y pryd yn yr alcof gwyn a ddarperir (68.5cm x 68.5cm x 61cm o uchder) (gellir gosod deunydd cefndir ac ategolion cyn i'r awr gychwyn ac ni fydd yn cael ei gynnwys yn yr amser). Rhaid i'r arddangosfeydd fod o fewn y maint/llle a ddarparir gan gynnwys unrhyw orchuddion neu leinin mewn/ar unrhyw lestri gweini/cynhwysyddion (cystadleuwyr i'w darparu). Gellir defnyddio ategolion sydd yn cydfynd a gweddill yr arddangosfa gyda gweddill yr arddangosfa a hynny ar raddfa gydag ef a'i gilydd, ond ddim yn flaenllaw. Os gwelir fod unrhyw eitem yn dirywio yn ystod cyfnod y sioe, bydd gan y stiwardiaid hawl i'w dynnu oddi yno.

NODIADAU

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

SYSTEM FARCIO

Gwaith Tîm a Dull	35
Cyflwyniad / Arddangosfa	15
Canlyniad terfynol yr eitem a baratowyd (lliw / blas / gwead / ayyb.)	40
Holiadur	10
CYFANSWM	100

TIME PENALTIES

Should teams not finish within the hour for cooking (additional 15 minutes for questionnaire), 1 point per minute will be deducted from the overall score.

WORK SPACE

One trestle table including cooker space.

DISPLAY

Meal to be displayed in the white alcove provided (68.5cm x 68.5cm x 61cm high) (backing material and accessories may be arranged by the competitors prior to the commencement of the one hour and will be outside of this time). All exhibits to be within the alcove size\space including any drapes or lining, in\on serving dishes\containers (competitors to supply). Accessories that are in harmony with the rest of the exhibit and that are in scale with it and each other, but not dominant, are allowed. If any item is found to deteriorate over the Show period, stewards will be authorised to remove it.

NOTES

No mobile phones to be used during preparation, competition and setting up.

SCALE OF MARKS

Teamwork and Method	35
Presentation / Display	15
Finished results of prepared item (colour /flavour / texture / etc.)	40
Questionnaire	10
TOTAL	100



CYSTADLEUAETH CREFFT

CYSTADLEUAETH YR AELODAU

Rhaid arddangos holl eitemau Cystadleuaeth yr Aelodau tan 3yp, ar ddydd Iau 25ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

TÎM

Un aelod. (21 mlwydd oed neu iau).

TASG

Rhoddd neu wobwr am wasanaeth hir neu ymddeoliad o fewn y Gwasanaethau Brys.

Bydd angen i gystadleuwyr ddarparu clip fideo yn dangos sut y gwnaethant greu eu rhodd. Rhaid i'r clip fideo ddangos elfennau allweddol o weithgynhyrchu'r anrheg a rhaid iddo fod o leiaf 2 funud ac uchafswm o 5 munud.

Bydd angen i gystadleuwyr gyflwyno cod QR i'w arddangos er mwyn i'r cyhoedd allu sganio a gwyllo'r fideo.

Ar ddiwrnod y gystadleuaeth gofynnir cwestiynau i'r aelod am y crefftwaith.

Ni ddylai'r fideo fod yn sioe sleidiau o ddelweddau, rhaid iddo fod yn gyfres o glipliau fideo amser real, neu'n fideo treigl amser i ddangos yr aelod sy'n gweithgynhyrchu'r eitem.

MESURIADAU

Lle arddangos – Hanner bwrdd trestl i gynnwys yr eitem orffenedig a'r cod QR.

COSTAU

Ni ddylai'r gost fod yn fwy na £20 - costau i'w harddangos. Bydd hygredd cost yn cael ei ystyried gan y barnwr.

AMSER

15 munud i arddangos yr arddangosfa.

NODIADAU

Dylid anfon yr eitem i Ganolfan CFFI Cymru erbyn y dyddiad penodedig yn barod i'w feirniadu cyn y Sioe.

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

CRAFT COMPETITION

MEMBERS' COMPETITION

All exhibits in the Members' Competition to be on display until 3pm on Thursday 25th July. Removal of exhibit before this time will result in the allocated marks being withdrawn.

TEAM

One member. (21 years of age or under).

TASK

A gift or award for long service or retirement within the Emergency Services.

Competitors will need to provide a video clip demonstrating how they created their gift. The video clip must show key elements of the manufacture of the gift and must be a minimum of 2 minutes and maximum of 5 minutes.

Competitors will need to present a QR code to be displayed for the public to scan and watch the video.

On competition day the member will be asked questions on the workmanship.

The video must not be a slideshow of images, it must be a series of real-time video clips, or a time-lapse video to demonstrate the member manufacturing the item.

MEASUREMENTS

Display space – Half a trestle table to include the finished item and QR code.

COSTINGS

Not to exceed £20 in total- costings to be displayed. Credability of cost will be considered by the judge.

TIME

15 minutes to display the exhibit.

NOTES

Item and video to be submitted to the Wales YFC centre, ready for judging prior to the Show (date TBC).

No mobile phones to be used during competition.



SYSTEM FARCIO

Gwreiddioldeb a dewis crefft	15
Cynllun	15
Saerñiaeth	30
Cyflwyniad a golwg yr eitem orffenedig	15
Cynnwys y Fideo	15
Cwestiynau'r Beirniaid	10
CYFANSWM	100

SCALE OF MARKS

Originality and choice of craft used	15
Design	15
Workmanship	30
Presentation and appearance of finished item	15
Content of Video	15
Judges Questions	10
TOTAL	100



CYSTADLEUAETH 3

CYSTADLEUAETH CNEIFIO DEFAID

TÎM

Dau aelod (un 28 ac un 21 oed neu iau).

TASG

Aelodau i gneifio dau oen yr un.

NODIADAU

Mae'n rhaid i gystadleuwyr ddarparu eu pen cneifio eu hunain.

Rhaid i bob cystadleuydd sy'n cystadlu yng nghystadleuaeth cneifio CFFI fod wedi pasio Prawf Medrusrwydd NPTC neu Wobr Glas y Bwrdd Gwlân, **rhaid danfon copi o'r dystysgrif i Swyddfa CFFI Cymru cyn y sioe.**

DYDDIADAU PWYSIG

Cyfarfod Staff cyn y sioe (dyddiad i'w gadarnhau). Dylid danfon Tystysgrif y Wobr Glas / Prawf Medrusrwydd i Ganolfan CFFI Cymru erbyn y dyddiad penodedig.

SYSTEM FARCIO

Bydd rheolau a system farcio BISCA 2024 yn weithredol ar gyfer y gystadleuaeth.

COMPETITION 3

SHEEP SHEARING COMPETITION

TEAM

Two members (one 28 and one 21 years of age or under).

TASK

Members to shear two lambs each.

NOTES

Competitors must provide their own shearing heads.

All members must have passed either a NPTC Proficiency Test or a BWMB Blue Seal in Sheep Shearing to compete in the YFC Sheep Shearing Competition, a copy of the certificate **must be supplied to the Wales YFC office in advance of the show.**

IMPORTANT DATE

Pre-show Staff Meeting (date to be confirmed) – Blue Seal / Proficiency certificate or number to be submitted to the Wales YFC Centre.

SCORING SYSTEM

The BISCA Rules and marking system for 2024 will apply.



CYSTADLEUAETH 4

TRIN GWLÂN

TÎM

Un aelod (28 mlwydd oed neu iau).

TASG

Un aelod i drîn dau gnu o wîlan.

NODIADAU

Cystadleuwyr i fod yn gyfrifol am ddarparu eu hysgubell (brwsh) eu hunain.

SYSTEM FARCIO

Bydd rheolau a system farcio BISCA 2024 yn weithredol ar gyfer y gystadleuaeth.

COMPETITION 4

WOOL HANDLING

TEAM

One member (28 years of age or under).

TASK

One member to handle two fleeces.

NOTES

Competitors are responsible for supplying their own broom.

SCORING SYSTEM

The BISCA Rules and marking system for 2024 will apply.



CYSTADLEUAETH 5

CANU

TÎM

UNIGOL – Un aelod (28 mlwydd oed neu iau).

GRŴP – Hyd at 6 aelod a dim llai na 2 aelod (28 mlwydd oed neu iau).

TASG

Unigol – Cân neu gymysgedd sy'n defnyddio caneuon sy'n cynnwys 'môr' neu 'ddŵr' yn y teitl neu'r geiriau **gyda'r thema 'dŵr'**.

Grŵp – Cân neu gymysgedd o ganeuon gyda'r thema 'Arwr'

CYFEILIANT

Traciau Cefndirol yn unig ar ffurf MP3. Ni chaniateir cyfeiliant byw.

AMSER

Caniateir uchafswm o 5 munud i bob adran.

Caniateir isafswm o 2 munud i bob adran.

COSB AMSER

Hyd at 15 eiliad dros neu o dan amser – 2 farc cosb; Hyd at 30 eiliad dros neu o dan amser – 5 marc cosb; Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

OFFER

Dylai aelodau ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB a ddylai gynnwys lleisiau cefndir yn unig (bydd technegydd y CFFI yn gyfrifol am chwarae'r ffeiliau MP3).

Microffonau – Bydd gan y cystadleuwyr ddewis o hyd at chwech meic llaw neu feicroffon radio.

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (dylid e-bostio'r ffeiliau MP3 at gwybodaeth@yfc-wales.org.uk dros WeTransfer neu ar ffon USB).

SYSTEM FARCIO

Perfformio	35
Lleisiol	35
Gwisg	10
Effaith Gyffredinol	20
CYFANSWM	100

COMPETITION 5

SINGING

TEAM

Solo - One member (28 years of age or under).

Group – Up to 6 singers but no less than 2 singers (28 years of age or under).

TASK

Solo section – A song or medley using songs that include 'sea' or 'water' in the title or lyrics **with the theme 'Water'**.

Group – A song or medley of songs with the theme 'Hero'

ACCOMPANIMENT

Backing track only in MP3 Format. No live accompaniment is allowed.

TIME

Maximum time allowed for each section is 5 minutes.

Minimum time allowed for each section is 2 minutes.

TIME PENALTIES

Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

Members to supply the Mp3 files via WeTransfer or on USB stick which should include backing vocals only (Mp3's will be operated by the YFC technician).

Microphones – Competitors will have the choice of up to six hand held radio mics or headset radio mics.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Submission of music files to Wales YFC Centre (mp3 files to be e-mailed to information@yfc-wales.org.uk via WeTransfer or submitted on a USB stick).

SCALE OF MARKS

Performance	35
Vocal	35
Costume	10
Overall Effect	20
TOTAL	100



CYSTADLEUAETH 6

DAWNSIO

TÎM

Dau dîm, pob tîm o rhwng 4 ac 8 aelod (28 oed neu iau) i berfformio un ddawns.

TASG

Dau dîm i berfformio un ddawns yr un gan ddefnyddio dwy neu fwy o arddulliau dawnsio cyferbyniol.

Bydd sgoriau'r ddau dîm yn cael eu cyfuno i ddod o hyd i'r enillydd cyffredinol.

LLWYFAN

Darperir llwyfan – 20' X 20'.

AMSER

Caniateir uchafswm o 6 munud i bob tîm.
Caniateir isafswm o 4 munud i bob tîm.

Cosb Amser

Hyd at 15 eiliad dros neu o dan amser – 2 farc cosb; Hyd at 30 eiliad dros neu o dan amser – 5 marc cosb; Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

OFFER

Fydd technegydd CFFI Cymru yn gyfrifol am chwarae pob ffeil MP3. Dylai cystadleuwyr ddarparu ffeiliau MP3 priodol drwy WeTransfer neu ar ffon USB.

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (dylid e-bostio ffeiliau MP3 at gwybodaeth@yfc-wales.org.uk)

CYFEILIANT

Rhaid darpari Trac Cefndirol yn cynnwys unrhyw gerddoriaeth ar gyfer y gystadleuaeth.

SYSTEM FARCIO

Dawns 1	50
Dawns 2	50

CYFANSWM

100

COMPETITION 6

DANCING

TEAM

Two teams, each team of between 4 and 8 members (28 years of age or under) to perform one dance.

TASK

Two teams to perform one dance each using two or more contrasting styles of dance.

Both teams' scores will be combined to find the overall winner.

STAGE

A 20' x 20' stage will be provided.

TIME

Maximum time allowed for each team is 6 minutes.
Minimum time allowed for each team is 4 minutes.

Time Penalties

Up to 15 seconds overtime or undertime - 2 penalty marks; Up to 30 seconds overtime or undertime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

The YFC technician will be responsible for playing all mp3's. Competitors to submit their MP3 files either via WeTransfer or on a USB stick.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Submission of music file to Wales YFC Office (either on a USB stick or mp3 files to be e-mailed to information@yfc-wales.org.uk)

ACCOMPANIMENT

A backing track including all music to be used must be supplied to YFC Wales for the competition.

SCALE OF MARKS

Dance 1	50
Dance 2	50

TOTAL

100



CYSTADLEUAETH 7

GEMAU HEB FFINIAU

TÎM

Tîm o hyd at 4 aelod yn cynnwys un cyflwynydd - (un 28, un 21, un 18 ac un 16 oed ac iau).

TASG

Pob aelod o'r tîm i gystadlu mewn ras arddull 'It's a Knockout', gyda'r holl aelodau wedi gwisgo i fyny gan ddefnyddio'r thema 'Gwasanaethau Brys'. Un aelod o'r tîm i wneud sylwebaeth fyw cyn y ras, lle gofynnir iddynt gyflwyno eu tîm (fel cymeriadau neu fel aelodau). Bydd un meic radio llaw yn cael ei gyflenwi ar gyfer y sylwebaeth.

AMSER

Ni ddylai'r arddangosfa fod yn hirach na 3 munud.

Hyd at 15 eiliad dros amser - 2 farc cosb; Hyd at 30 eiliad dros amser - 5 marc cosb; Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

Bydd pob tîm wedyn yn cystadlu mewn ras Gemau heb Ffiniau lle bydd y tîm cyflymaf yn ennill y nifer uchaf o bwyntiau.

NODYN

Caniateir i aelodau newid eu hesgidiau ar gyfer y ras gyfnewid, ond rhaid gwisgo gweddill y wisg yn llawn.

SYSTEM FARCIO

Ras Gemau heb Ffiniau	50
Sylwebaeth ac effaith gyffredinol	30
Gwisg	10
Gwreiddioldeb	10
TOTAL	100

COMPETITION 7

IT'S A KNOCKOUT

TEAM

A Team of four members (one 28, one 21, one 18 and one 16 years of age and under).

TASK

All members of the team to compete in an 'It's a Knockout' style race, with all members dressed up using the theme 'Emergency Services'. One member of the team to do a live commentary before the race, where they are asked to introduce their team (as characters or as members). One hand held radio mic will be supplied for the commentary.

TIME

Maximum time allowed for the commentary is 3 minutes.

Up to 15 seconds overtime - 2 penalty marks; Up to 30 seconds overtime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

Each team will then compete in an It's a Knockout style race where the fastest team will gain the highest number of points.

NOTE

Members are allowed to change their footwear for the relay race, however the rest of the costume must be worn in full.

SCALE OF MARKS

It's a Knockout Race	50
Commentary and Overall Effect	30
Costumes	10
Originality	10
TOTAL	100



CYSTADLEUAETH 8

BARNU STOC GWARTHEG LIMOUSIN

TÎM

Pedwar aelod (un 28, un 21, un 18 ac un 16 mlwydd oed neu iau).

TASG

Cystadleuwyr 28 a 21 oed neu iau i osod a rhoi rhesymau ar ddau gylch o bedwar o wartheg.

Cystadleuwyr 18 oed neu iau i osod dau gylch o bedwar a rhoi rhesymau ar un cylch o bedwar o wartheg (cylch i'w benodi cyn y gystadleuaeth).

Cystadleuwyr 16 oed neu iau i osod a rhoi rhesymau ar un cylch o bedwar o wartheg.

SYLWER

Caiff pob adran eu beirniadu ar bwyntiau'r brîd.

AMSERU

Caniateir 15 munud ar gyfer arolygiad.

RHESYMAU

Caniateir dwy funud i bob cystadleuydd gyflwyno eu rhesymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig ar raddfa o ddau farc am bob 15 eiliad neu ran o hynny. Bydd y marciau yn cael eu tynnu o gyfanswm y gystadleuydd.

Caiff yr aelodau ond defnyddio'r cardiau a ddarperir gan CFFI Cymru yn ystod y gystadleuaeth.

COMPETITION 8

LIMOUSIN CATTLE STOCK JUDGING

TEAM

Four members (one 28, one 21, one 18 and one 16 years of age or under).

TASK

The 28 and 21 years of age and under competitors to place and give reasons on two rings of four cattle.

The 18 years of age and under competitor to place two rings of four cattle and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years of age and under competitor to place and give reasons on one ring of four cattle.

NOTE

Cattle to be judged on breed points.

TIMING

15 minutes allowed for inspection.

REASONS

Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 second or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC during the competition.



CYSTADLEUAETH 9

CYSTADLEUAETH GWISGO FYNY

THEMA

Gwasaneuthau Brys

TÎM

Dau aelod. (un 18 oed ac un 16 oed neu iau).

TASG

Dau aelod i wisgo i fyny Arweinydd Clwb / Aelod Hŷn fel rhywbeth sy'n gysylltiedig â'r Gwasanaethau Brys gan ddefnyddio deunyddiau wedi'u hailgylchu'n sylweddol.

NODIADAU

Yr holl wisgoedd i'w gwneud adeg y gystadleuaeth felly ni ellir gwneud unrhyw waith ymlaen llaw (Cosbir y timau os caiff y gwisgoedd eu gwneud ymlaen llaw neu os cânt eu llogi). Atgoffir timau na chaniateir unrhyw ategolion megis wigiau sydd wedi'u gwneud / eu prynu ymlaen llaw.

Ni ddylid defnyddio ffonau symudol wrth baratoi, cystadlu a gosod.

AMSER

Caniateir 1 awr.

SYSTEM FARCIO

Gwreiddioldeb	25
Gwaith Tîm	25
Effaith Gyffredinol	50
CYFANSWM	100

COMPETITION 9

DRESSING UP COMPETITION

THEME

Emergency Services

TEAM

Two members (One 18 years and one 16 years of age or under).

TASK

Two members to dress up a Club Leader / Senior member as something associated with the Emergency Services using predominantly recycled materials.

NOTES

All costumes to be made on the day and therefore no work to be undertaken beforehand (Teams will be penalised if costumes have been made beforehand or if they have been hired). Teams are reminded that accessories such as wigs that have been made / purchased beforehand are therefore not permitted.

No mobile phones to be used during preparation, competition and setting up.

TIME

Time allowed – 1 hour.

SCALE OF MARKS

Originality	25
Teamwork	25
Overall Effect	50
TOTAL	100



CYSTADLEUAETH 10

BARNU DEFAID TEXEL

TÎM

Pedwar aelod (Un 28, Un 21, Un 18 ac Un 16 oed neu iau).

TASG

Cystadleuwyr 28 a 21 oed neu iau i osod a rhoi rhesymau ar ddau gylch o bedwar o ddefaid.

Cystadleuwyr 18 oed neu iau i osod dau gylch o bedwar a rhoi rhesymau ar un cylch o bedwar o ddefaid (cylch i'w benodi cyn y gystadleuaeth).

Cystadleuwyr 16 oed neu iau i osod a rhoi rhesymau ar un cylch o bedwar o ddefaid.

NODIADAU

Caiff pob adran eu beirniadu ar bwyntiau'r brîd.

AMSER

Caniateir 15 munud ar gyfer adolygiad a thrin a thrafod y defaid.

RHESYMAU

Caniateir dwy funud i bob cystadleuydd gyflwyno eu rhesymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig ar raddfa o ddau farc am bob 15 eiliad neu ran o hynny.

Caiff yr aelodau ond defnyddio'r cardiau a ddarperir gan CFFI Cymru i wneud nodiadau.

COMPETITION 10

TEXEL SHEEP JUDGING

TEAM

Four members (one 28, one 21, one 18 and one 16 years of age or under).

TASK

The 28 and 21 year old and under competitors to place and give reasons on two rings of four sheep.

The 18 years old and under competitor to place two rings of four sheep and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years old and under competitor to place and give reasons on one ring of four sheep.

NOTES

Sheep to be judged on breed points.

TIMING

15 minutes allowed for inspection and handling of the sheep.

REASONS

Each competitor will be allowed two minutes to state his/her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC during the competition.



CYSTADLEUAETH 11

SGETS GYDA THEMA ARGYFWNG

TÎM

Tîm o rhwng dau a chwech aelod. (28 oed ac iau).

TASG

Tîm o hyd at chwe aelod i berfformio sgets gan ddefnyddio'r thema 'Argyfwng'. Rhaid bod yn addas ar gyfer gwyllo gan bob oed.

CYFEILIANT

Caniateir traciau/seiniau cefndir, dylai aelodau ddarparu'r rhain ar USB neu ffeil MP3.

AMSER

Dylai'r perfformiad fod yn isafswm o 2 funud ac yn uchafswm o 5 munud gan gynnwys gosod a chlirio'r llwyfan.

COSB AMSER

Hyd at 15 eiliad dros neu o dan amser - 2 farc cosb; Hyd at 30 eiliad dros amser - 5 marc cosb
Ynghyd a 5 marc ychwanegol am bob 15 eiliad ar ôl hynny.

OFFER

Caniateir traciau/seiniau cefndir.
Dylai aelodau ddarparu ffeiliau MP3 priodol (bydd technegydd y CFFI yn gyfrifol am chwarae'r ffeiliau o USB/MP3). Bydd gan y cystadleuwyr ddewis o hyd at chwech meic llaw neu feicroffon radio.

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid i ffeiliau cerddoriaeth gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn (ar USB neu dylid e-bostio'r ffeiliau MP3 at information@yfc-wales.org.uk)

COMPETITION 11

A SKETCH WITH THE THEME OF EMERGENCY

TEAM

Team of between two and six members. (28 years of age or under).

TASK

Team of up to six members to perform a sketch using the theme of 'Emergency'. Must be suitable for viewing by all ages.

ACCOMPANIMENT

Backing tracks / sounds are allowed, members must supply these on a USB or MP3 file.

TIME

The performance should be a minimum of 2 minutes and a maximum of 5 minutes including the setting and clearing of the stage.

TIME PENALTIES

Up to 15 seconds overtime or undertime- 2 penalty marks; Up to 30 seconds overtime - 5 penalty marks; And a further 5 penalty marks will be deducted for every 15 seconds thereafter.

EQUIPMENT

Backing tracks / sounds are allowed.
Members to supply the appropriate Mp3 files (USB \ Mp3's will be operated by the YFC technician). Competitors will have the choice of up to six hand held radio mics or headset radio mics.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – submission of the music files to Wales YFC Centre (on a USB or Mp3 files can be emailed to information@yfc-wales.org.uk).

SYSTEM FARCIO

Perfformio	50
Set a Gwisg	30
Effaith Gyffredinol	20

CYFANSWM

100

SCALE OF MARKS

Performance	50
Set & Costume	30
Overall Effect	20

TOTAL

100



CYSTADLEUAETH 12a

CYSTADLEUAETH TYNNU'R GELYN BECHGYN A MERCHED

TÎM

Tîm o wyth aelod. Ni chaniateir mwy na **dau (2)** aelod o'r tîm i fod rhwng 15 oed a throsodd, ac o dan 17 oed ar 1 Medi 2023 a RHAID i weddill y tîm fod rhwng 17 oed a hŷn, a 28 oed neu iau ar 1 Medi 2023. Dylai'r holl gystadleuwyr fod yn aelodau llawn o glwb yng Nghymru sy'n gysylltiedig â FfCCFFI /CFFI Cymru. Ni allwch gystadlu i fwy nag un clwb a sir o fewn un flwyddyn aelodaeth.

Un tîm o fechgyn ac un tîm o ferched.

Caniateir eilyddion, gweler rheolau FfCCFFI.

DILLAD AR ADEG Y PWYSO

Gall timau bechgyn wisgo siorts o faint priodol sydd ddim yn dryloyw yn unig.

Gall timau merched wisgo siorts o faint priodol sydd ddim yn dryloyw a chrysau neu dopiau chwaraeon priodol yn unig.

Nid oes angen cario na gwisgo'r esgidiau ar y glorian yn ystod y pwysu.

NODIADAU

Bydd rheolau Tynnu Rhaff FfCCFFI 2024 yn weithredol, yn unol â chanllawiau Cymdeithas Tynnu'r Gelyn.

Pwysau;
680 kg dynion,
560 kg merched.

Dylai aelodau wisgo chrysau o'r un lliw. Hyfforddwyr dynodedig i wisgo bibiau wedi'u cyflenwi gan CFFI Cymru.

Ni ddylid 'ffugio' esgidiau'r cystadleuwyr mewn unrhyw ffordd h.y. dylai'r wadn, y sawdl, ac ochr y sawdl fod yn wastad â'i gilydd. Ni chaniateir blaenau esgidiau metel neu blatiau metel ar flaen yr esgidiau. Caniateir platiau metel sy'n wastad ag ochr a gwaelod y sawdl yn unig.

COMPETITION 12a

MALE AND FEMALE TUG-OF-WAR COMPETITION

TEAM

A team shall consist of eight pulling members. No more than **two (2)** members of a team shall be between the ages of 15 and over, and under 17 years on 1 September 2023 and the remainder of the team **MUST** be between 17 years and over, and 28 years of age or under on 1 September 2023. All competitors must be full members of a Club based in Wales and affiliated to Wales YFC or NFYFC. You cannot compete for more than one club and county in one membership year.

One male and one female team.

Substitutions are allowed please refer to the NFYFC Rules.

DRESS AT WEIGH-IN

Male teams may weigh-in in proper sized non-transparent shorts only.

Female teams may weigh-in in proper sized non transparent shorts and shirts or suitable sports tops only.

Boots need not be carried or worn on the scale during weigh-in.

NOTES

The 2024 NFYFC Tug-of-War Rules shall apply as set by the ToWA.

Weights;
680 kg Men,
560 kg Ladies.

Members to wear the same colour shirt / jerseys. Designated coaches to wear bibs supplied by Wales YFC.

Competitors' boots or shoes must not be 'faked' in any way, i.e. the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted.



Mae gan y beirniad yr hawl a'r cyfrifoldeb i ddiarddel tîm / timau ar ol rybudd neu ddiarddel heb rybudd os byddant yn torri rheolau.

Os bydd amser yn caniatáu, trefnir cystadlaethau'r bechgyn a merched fel cynghrair, fel arall cynhelir fel cystadleuaeth ddileu.

The judge(s) has / have the power and responsibility to disqualify a team or teams after a caution or disqualify without caution for any offence against the rules.

Both sections will be run on a league basis if time allows otherwise they will be run on a knockout basis.



CYSTDLEUAETH 12 (b)

CYSTDLEUAETH TYNNU'R GELYN IAU

TÎM

Bydd tîm yn cynnwys rhwng 7 a 10 aelod tynnu, bechgyn neu ferched, a rhaid iddynt fod rhwng 12 oed a 17 oed ac iau ar 1af Medi 2023. Mae hyn yn golygu RHAID i gystadleuwyr fod wedi cyrraedd eu penblwydd yn 12 oed ar 1af Medi 2023 a gallant fod yn 18 ar ddiwrnod y gystadleuaeth. (Ni allwch gystadlu i fwy nag un clwb a sir o fewn un flwyddyn aelodaeth). Caniateir eilyddion - gweler rheolau FfCCFFI.

Dylai'r holl gystadleuwyr fod yn aelodau llawn o glwb yng Nghymru sy'n gysylltiedig â FfCCFFI /CFFI Cymru.

DILLAD AR ADEG Y PWYSO

Gall timau bechgyn wisgo siorts o faint priodol sydd ddim yn dryloyw yn unig.

Gall timau merched wisgo siorts o faint priodol sydd ddim yn dryloyw a chrysau neu dopiau chwaraeon priodol yn unig.

Nid oes angen cario na gwisgo'r esgidiau ar y glorian yn ystod y pwyso.

NODIADAU

Bydd rheolau Tynnu'r Gelyn FfCCFFI 2024 yn weithredol, yn unol â chanllawiau Cymdeithas Tynnu'r Gelyn.

Pwysir aelodau'r tîm gyda'i gilydd ac ni chânt bwysu mwy na:-

560 kg Rheolau GENSB

Bydd cynnwys merched mewn tîm yn rhoi bonws o 10kg am bob merch, hyd at uchafswm o 600kg.

Aelodau i wisgo crysau o'r un lliw. Ni ddylid 'ffugio' esgidiau'r cystadleuwyr mewn unrhyw ffordd h.y. dylai'r wadn, y sawdl, ac ochr y sawdl fod yn wastad â'i gilydd. Ni chaniateir blaenau esgidiau metel neu blatiau metel ar flaen yr esgidiau. Caniateir platiau metel sy'n wastad ag ochr a gwaelod y sawdl yn unig.

Mae gan y beirniad yr hawl a'r cyfrifoldeb i ddiarddel tîm / timau heb rybudd os byddant yn torri rheolau.

COMPETITION 12 (b)

JUNIOR TUG-OF-WAR COMPETITION

TEAM

A team shall consist of between 7 and 10 pulling members, male or female, who must be between 12 years & 17 years of age and under on 1st September 2023. This means competitors MUST have attained their 12th birthday on 1st September 2023 and may be 18 on the day of the competition. (You cannot compete for more than one club and county in one membership year.) Substitutes are allowed please see NFYFC rules.

And all competitors must be full members of a Club based in Wales and affiliated to either Wales YFC or NFYFC.

DRESS AT WEIGH-IN

Male - may weigh-in in proper sized non-transparent shorts only.

Female - may weigh-in in proper sized non transparent shorts and shirts or suitable sports tops only.

Boots need not be carried or worn on the scale during weigh-in.

NOTES

The 2024 NFYFC Tug-of-War rules shall apply as set by the TOWA.

The members of the team will be weighed as one and will not exceed:-

560 kg GENSB rules

'Lining up women in the team will give a bonus of 10 kg for each on the weight allowance, limited to a maximum team weight of 600 kg'

Members to wear the same colour shirt/jerseys. Competitors' boots or shoes must not be 'faked' in any way, i.e the sole, heel and side of the heel shall be perfectly flush. No metal toecaps or metal toe plates are permitted. Metal heel tips that are flush on the side and the bottom of the heel are permitted.

The judge(s) has/have the power and responsibility to disqualify a team or teams after a caution or



Dylai cystadleuwyr nodi y bydd marciau o adrannau'r bechgyn, y merched a'r adran iau yn cael eu cyfuno a'u rhannu'n ddau cyn eu hychwanegu at y cyfanswm ar gyfer Tlws yr NFU.

DYSGWYR A HYFFORDDWYR

Un hyfforddwr yn unig fydd yn cael ei ganiatáu gyda phob tîm wrth dynnu, fydd yn cael cais i wisgo bib wedi'i ddarparu gan CFFI Cymru. Caniateir un hyfforddwr neu Ddyn Dwr yn unig gyda phob tîm. Yn ystod y tynnu rhaid i'r hyfforddwr gadw draw oddi wrth y ddau dîm ac nid oes ganddo/ganddi hawl i ddweud dim wrthynt yn ystod y tynnu.

Gwelir rheolau FfCCFFI am ragor o wybodaeth ynghylch Eilyddion a Manylion Penodol.

disqualify without caution for any offence against the rules.

Competitors should note that the marks gained from the male, female & junior sections will be added together and divided in half before going forward to the NFU Trophy.

COACHES AND TRAINERS

Only one Coach is permitted with each team during pulling, who will be asked to wear a bib provided by Wales YFC. Only one Trainer or "Water Carrier" is permitted with each team. During pulling the Trainer shall take up position well clear of both teams and is not permitted to address any remark to them during actual pulling.

See NFYFC rules for further information on Substitution and Technicalities.



CYSTADLEUAETH 13

GWAITH COED IAU

TÎM

Dau aelod (18 oed neu'n iau)

TASG

Timau i ddylunio a chreu 'Blwch Post'.

AMSER

Caniateir 2 awr i gwblhau'r dasg.

OFFER

Mae'n rhaid i gystadleuwyr ddarparu eu hoffer eu hunain. Ni chaniateir defnyddio llif gadwyn. Caniateir driliau batri ond ni chaniateir unrhyw offer batri arall. Ni chaniateir atodiadau llafn i'r dril. Gellir defnyddio sgriwiau a/neu folltau, ond rhaid i'r cystadleuwyr ddarparu'r rhain eu hunain. Ni chaniateir gynnau hoelio. Ni chaniateir gynnau styffylu.

DEUNYDD

Yn rownd derfynol Sioe Frenhinol Cymru, bydd y cystadleuwyr yn cael y deunyddiau canlynol:

Darn o bren FSC 15cm x 1.4m o hyd a 1.5-1.8cm o drwch a heb ei drin.

Dylai cystadleuwyr ddod â'u hoelion eu hunain.

SYSTEM FARCIO

Ansawdd y crefftwaith, 60
cryfder y fframwaith a'r cynllun

Gwaith tîm 10

Gweithio yn ddiogel 10

Gwreiddioldeb 10

Addasrwydd yr eitem 10

CYFANSWM 100

COMPETITION 13

JUNIOR WOODWORK

TEAM

Two members (18 years of age or under)

TASK

Teams to design and create a 'Postbox'.

TIME

2 hours is allowed to complete the task.

EQUIPMENT

Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery operated tools are allowed. No blade attachments on the drill is allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed.

MATERIALS

At Royal Welsh Show finals the competitors will be supplied with the following:

A plank of FSC wood 15cm x 1.4m long x 1.5-1.8cm thick and not pressure treated

Competitors shall bring their own nails.

SCORING

Quality of workmanship, 60
structural soundness and design

Team work 10

Safeworking 10

Originality 10

Fit for purpose 10

TOTAL 100



CYSTDLEUAETH 14

GWAITH COED

TÎM

Dau aelod (28 oed neu'n iau)

TASG

Creu Fainc Gofeb neu Siarad.

AMSER

Caniateir 2 awr i gwblhau'r dasg.

OFFER

Mae'n rhaid i gystadleuwyr ddarparu eu hoffer eu hunain. Ni chaniateir defnyddio llif gadwyn. Caniateir driliau batri ond ni chaniateir unrhyw offer batri arall. Ni chaniateir atodiadau llafn i'r dril. Gellir defnyddio sgriwiau a/neu folltau, ond rhaid i'r cystadleuwyr ddarparu'r rhain eu hunain. Ni chaniateir gynnu hoelio. Ni chaniateir gynnu styffylu.

DEUNYDD

Yn rownd derfynol Sioe Frenhinol Cymru, bydd y cystadleuwyr yn cael y deunyddiau canlynol:

2no 3.6 metres of 90mm x 38mm
8no 2.4 metres of 90mm x 38mm
4no 2.4 metres of 140mm x 38mm

Yr holl bren i fod yn CLS wedi'i Tanaleiddio.

Dylai cystadleuwyr ddod â'u hoelion a chaeadwyr eraill fel colfachau eu hunain.

Ni fydd deunydd arall yn cael eu caniatu.

SYSTEM FARCIO

Ansawdd y crefftwaith, 60
cryfder y fframwaith a'r cynllun

Gwaith tîm 10

Gweithio yn ddiogel 10

Gwreiddioldeb 10

Addasrwydd yr eitem 10

CYFANSWM 100

COMPETITION 14

WOODWORK

TEAM

Two members (28 years of age or under)

TASK

Make a Memorial or Talking Bench.

TIME

2 hours is allowed to complete the task.

EQUIPMENT

Competitors must supply their own tools. Chainsaws will not be allowed. Only battery powered drills will be allowed no other battery operated tools are allowed. No blade attachments on the drill is allowed. Screws and/or bolts may be used but these must be supplied by the competitors. No nail guns allowed. No staple guns allowed.

MATERIALS

At Royal Welsh Show finals the competitors will be supplied with the materials with the following:

2no 3.6 metres of 90mm x 38mm
8no 2.4 metres of 90mm x 38mm
4no 2.4 metres of 140mm x 38mm

All wood to be Tanalised CLS.

Competitors shall bring their own nails and other fasteners such as hinges.

No other materials will be allowed.

SCORING

Quality of workmanship, 60
structural soundness and design

Team work 10

Safeworking 10

Originality 10

Fit for purpose 10

TOTAL 100



CYSTADLEUAETH 15

GÊM Y CENEDLAETHAU

THEMA

Gwasanaethau Brys

TÎM

Dau aelod (18 oed neu'n iau)

TASG

Gofynnir i'r cystadleuwyr, yn unigol neu fel tîm, i wneud/perfformio tasg o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

NODIADAU

Bydd CFFI Cymru yn darparu'r holl offer.

SGORIO

Cyfanswm marciau 100.

COMPETITION 15

GENERATION GAME

THEME

Emergency Services

TEAM

Two members (18 years of age or under)

TASK

Competitors will be required, individually or as a team, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NOTES

Wales YFC will supply all equipment.

SCORING

Total marks 100.



CYSTADLEUAETH 16

BARNU COBIAU ADRAN D

TÎM

Pedwar aelod (un 28, un 21, un 18 ac un 16 oed neu iau).

TASG

Cystadleuwyr 28 a 21 oed neu iau i osod a rhoi rhesymau ar ddau gylch o bedwar cob.

Cystadleuwyr 18 oed neu iau i osod dau gylch o bedwar a rhoi rhesymau ar un cylch o bedwar cob (cylch i'w benodi cyn y gystadleuaeth).

Cystadleuwyr 16 oed neu iau i osod a rhoi rhesymau ar un cylch o bedwar cob.

SYLWER

Caiff y cobiau eu beirniadu ar Bwyntiau'r Brîd.

AMSERU

Caniateir 15 munud ar gyfer adolygiad y cobiau.

RHESYMAU

Caniateir dwy funud i bob cystadleuydd gyflwyno eu rhesymau. Cosbir cystadleuwyr sy'n mynd dros yr amser penodedig ar raddfa o ddau farc am bob 15 eiliad neu ran o hynny.

Caiff yr aelodau ond defnyddio'r cardiau a darperir gan CFFI Cymru yn ystod y gystadleuaeth.

COMPETITION 16

SECTION D COB JUDGING

TEAM

Four members (one 28, one 21, one 18 and one 16 years of age or under).

TASK

The 28 and 21 years of age and under competitors to place and give reasons on two rings of four cobs.

The 18 years of age and under competitor to place two rings of four cobs and give reasons on one ring (the ring to be specified prior to the competition).

The 16 years of age and under competitor to place and give reasons on one ring of four cobs.

NOTES

Cobs to be judged on Breed Points.

TIMING

15 minutes allowed for inspection of the cobs.

REASONS

Each competitor will be allowed two minutes to state his / her reasons. Competitors who exceed this time limit will incur penalties at a rate of two marks for each 15 seconds or part thereof. The marks will be deducted from the competitor's total.

Members may only use cards supplied by Wales YFC during the competition.



CYSTADLAETHAU 17

CYNNIG PROSIECT NEU GYNNYRCH DIOGELWCH
FFERM NEWYDD

TÎM

Hyd at 2 aelod (28 mlwydd oed neu iau).

TASG

Cyflwyno cysyniad newydd ar gyfer prosiect neu gynnyrch Diogelwch Fferm mewn cyflwyniad steil 'Dragon's Den' ar y llwyfan. Caniateir deunyddiau hyrwyddo. Dim byrddau arddangos.

Bydd y beirniad yn gofyn un cwestiwn i bob tîm.

AMSER

Caniateir lleiafswm o 2 funud ac uchafswm o 5 munud i gwblhau'r dasg, heb gynnwys y cwestiwn a'r ateb.

DIRWY AMSER

Hyd at 15 eiliad dan/dros amser - 2 farc; hyd at 30 eiliad dan/dros amser- 5 marc a thynnir 5 marc dirwy bellach am bob 15 eiliad wedi hynny.

MARCIAU

Ymchwil a Chysyniad	30
Cyflwyniad	40
Gwreiddioldeb	20
Cwestiwn y Beirniad	10
CYFANSWM	100

COMPETITION 17

PITCH A NEW FARM SAFETY PROJECT OR PRODUCT

TEAM

Up to 2 members (28 years of age or under).

TASK

To pitch a new concept for a Farm Safety project or product in a 'Dragon's Den' style pitch on stage. Promotion materials will be allowed. No display boards.

The judge will ask one question to each team.

TIME

A minimum of 2 minutes and maximum of 5 minutes will be allowed to complete the task, not to include the question and answer.

TIME PENALTIES

Up to 15 seconds overtime or undertime - 2 penalty marks; up to 30 seconds over or under time - 5 penalty marks, and a further 5 penalty marks will be deducted for every 15 seconds thereafter.

SCALE OF MARKS

Research and Concept	30
Presentation	40
Originality	20
Judge's Question	10
TOTAL	100



CYSTADLEUAETH 18

CYSTADLEUAETH RYGBI 7-BOB OCHR

Bydd y gemau'n cael eu chwarae yn unol â chyfreithiau'r IRB.

Bydd un tîm o bob sir yn cystadlu yn rownd derfynol ar lefel Cymru.

CYMHWYSEDD

Carfan o 10 dyn, gyda hwy oll yn aelodau a rhaid bod yn 28 oed neu iau ar 1af o Fedi 2023. Mae'n ofynnol fod pob chwaraewr yn 18 oed ar y 22ain o Orffennaf 2024 i allu chwarae. Bydd yn rhaid i'r holl chwaraewyr fod yn aelodau llawn o glwb FfCCFFI/CFFI Cymru. 7 chwaraewr i fod ar y cae ymhob gêm, gall tîm eilyddio hyd at dairgwaith o fewn gêm.

Mae'n ofynnol i bob Sir i ddychwelyd y ffurflen erbyn y dyddiad cau yn enwi 15 chwaraewr sydd wedi eu dewis ac yn gymwys i gynrychioli'r sir yn y gystadleuaeth, am resymau yswiriant. Fydd carfan o 10 chwaraewr yn ffurfio'r tîm a bydd tocynnau ar gyfer y 10 aelod yn cael eu dosbarthu i gael mynediad i'r sioe.

Bydd hi'n ofynnol i ddangos cardiau aelodaeth yr aelodau ar ddechrau'r gystadleuaeth i'r stiward ac **yn hanfodol fod llun o'r aelod ar y cardiau aelodaeth**. Os bydd unrhyw broblemau wrth ddangos y garden aelodaeth yna bydd trwydded yrru/pasbort yn cael ei ganiatau i adnabod yr aelod sydd ar fâs-data CFFI Cymru. Os na fydd gwiriad yn bosibl, ni fydd yr aelod hwnnw'n gallu cymryd rhan. Bydd methiant i ddangos carden aelodaeth yn arwain at godi dirwy o £10 i'r ffederasiwn Sirol.

Bydd hi'n ofynnol i'r aelodau i gofrestru cyn iddynt fynd ar y cae i gynhesu fyny/chwarae. Dylai aelodau fod yn barod i ddarparu tystiolaeth arall o I.D. ynghyd a'u carden aelodaeth i brofi ei bod yn aelod llawn o'r mudiad. Mae gan CFFI Cymru yr hawl i atal unrhyw un rhag chwarae yr amheuir ei fod yn ffugio bod yn aelod.

COMPETITION 18

7 A SIDE RUGBY COMPETITION

The games shall be played in accordance with the laws of the IRB.

Counties will be represented by one County team in the Wales Final.

ELIGIBILITY

A squad of ten male members, all of whom must be 28 years of age or under on the 1st September 2023. All players must be 18 years of age on 22nd July 2024 to be eligible to play. All members must be full members of a Club affiliated to NFYFC / Wales YFC. Seven players shall be chosen to form the team for each game. A team can substitute or replace up to 3 players during a game.

For Insurance reasons, counties are requested to return the form by the closing date naming 15 players who have been chosen and are eligible to represent the County in the competition. From this, a squad of 10 players are to form the team and tickets for these 10 will be issued for entrance to the show.

Plastic membership cards of every competitor must be produced and shown to the steward before the start of the competition **all cards must have a photo of the competitor**. If a membership card is unable to be presented a driving license/passport will be accepted as proof of ID for the purposes of verifying the member on the Wales YFC database. If verification is not possible then that member will not be able to take part. Failure to produce a valid membership card will result in a £10 fine being charged to the associated county federation.

Members will be asked to register before they are allowed onto the field to warm up/play. Members should be prepared to provide a second form of valid photo I.D. alongside the membership card to prove the members I.D. Wales YFC reserve the right to prevent anyone from playing who is suspected of falsifying their membership.



TREFN

Bydd trefn chwarae yn cael eu llunio gan ddweud pa noson bydd y siroedd yn cystadlu yn ystod y Sioe Frenhinol.

Fydd y gystadleuaeth yn rhedeg ar yr amser fel y ganlyn;

Rownd 1

Dydd Llun, 22ain o Orffennaf 2024 – Cylch y Gwartheg

Rownd 2

Dydd Mawrth, 23ain o Orffennaf 2024 – Cylch y Gwartheg

Rownd Derfynol

Dydd Mercher, 24ain o Orffennaf 2024 – Cylch y Gwartheg

Fydd y gemau yn cael eu chwarae ar ffurf 'knockout'.

Wedi'r tîm gofrestru, bydd yn ofynnol i un aelod o'r tîm i lunio daflen wybodaeth ar gyfer y bocys sylwebu cyn y gic gyntaf.

Bydd pob gem yn 7 munud bob hanner yn rownd 1 a 2 â dwy funud o egwyl.

Bydd y ffeinal ar ddydd Mercher yn 10 munud bob hanner â dwy funud o egwyl.

Ym mhob gem, os fydd y sgôr yn gyfartal ar yr amser terfynol, yna bydd hi'n ofynnol i chwarae amser ychwanegol. Bydd yr amser ychwanegol yn cael ei chwarae mewn cyfnod o 5 munud bob ochr a'r timau yn newid ochr chwarae heb egwyl. Bydd y capteiniaid ar ddechrau'r amser ychwanegol yn penderfynu ar daflad ar y gic neu barhau gyda'r chwarae. Yn yr amser ychwanegol, y tîm fydd yn sgorio gyntaf fydd yn cael eu datgan fel yr enillwyr ar unwaith heb barhau gyda'r chwarae.

Mae'n ofynnol bod holl chwaraewyr yn gwisgo'n addas e.e. siorts, sanau ac esgidiau rygbi. Bydd dyfarnwyr yn goruchwyllo ar y dechrau os ydynt yn cyrraedd rheolau Undeb Rygbi Cymru.

PROCEDURE

Following entries from Counties, a draw will be made to select which teams will compete on which evening of the Royal Welsh Show.

The competition will then be held along the following lines:

Round 1

Monday, 22nd July, 2024 - Cattle Ring

Round 2

Tuesday, 23rd July, 2024 - Cattle Ring

Final

Wednesday, 24th July, 2024 - Cattle Ring

All games will be played on a knockout basis.

Upon registration one member from the team must complete an accurate team sheet with useful information which will be provided to the commentary team before kick off.

Duration of play will be 7 minutes each way in Round 1 and 2 with a two minute interval.

The final on Wednesday will be 10 minutes each way with a two minute interval.

In all games, if the scores are level at full time, then extra time will be played. Such extra time will be in periods of five minutes when teams will change ends without an interval. Before commencement of extra time the captains shall toss for the right to kick off or the choice of ends. In extra time the team which scores first will immediately be declared the winner without further play.

All competitors will be suitably dressed, i.e. shorts, socks and boots. Referee will check that all boots conform with the regulations of the Welsh Rugby Union.

A player who is 'sent off' by the referee shall take



Os bydd y dyfarnwr yn danfon chwaraewr oddi ar y cae, ni fydd y chwaraewr yn cael ail-ymuno gyda'r chwarae yn y gystadleuaeth. Y dyfarnwr fydd yr unig ganolwr ar bwyntiau o anghydfod.

Os fod unrhyw aelod yn chwarae ar ddylanwad alcohol, fydd hawl gan y stiwardiaid awdurdod i wrthod yr aelod i gystadlu.

Bydd y tîm buddugol yn ennill tlws rygbi'r saith ochr.

no further part in the competition. The referee shall be the sole arbiter on points of dispute.

If any member is believed to be under the influence of alcohol, stewards will have the authority to refuse the member from competing.

The winning team will be awarded the 7 a'side Rugby Trophy.



CYSTADLEUAETH 19

LLYFR LLOFFION

Rhaid arddangos yr eitem tan 3yp, ar ddydd Iau 25ain o Orffennaf. Bydd clirio arddangosfa cyn yr adeg hon yn arwain at dynnu'r marciau a roddwyd.

TÎM

Unigolyn neu dîm (28 oed neu iau)

TASG

Llunio llyfr lloffion clwb i ddarlunio'r flwyddyn ddiwethaf y clwb gan gynnwys toriadau o adroddiadau wasg, ffotograffau, gwaith o fewn y gymuned ac ati.

ARDDANGOSFA

Arddangosir y llyfr lloffion ar hanner bwrdd trestl.

NODIADAU

Mae'n bwysig fod gwybodaeth y Clwb yn cael ei harddangos drwy'r llyfr.

Bydd y llyfr lloffion yn cael ei harddangos ym mhabell y CFFI ar fore Llun y sioe.

DYDDIADAU PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) - rhaid i Lyfr Lloffion gyrraedd Canolfan CFFI Cymru erbyn y dyddiad hwn yn barod i'w feirniadu erbyn y Sioe.

SYSTEM FARCIO

Clawr Blaen	20
Cynnwys	80

CYFANSWM **100**

COMPETITION 19

SCRAPBOOK

All exhibits to be on display until 3pm on Thursday 25th July. Removal of exhibit before this time will result in the allocated marks being withdrawn

TEAM

An individual or a team (28 years of age or under)

TASK

To compile a club Scrapbook to depict a club's year, to incorporate press cuttings, photographs, work within the Community etc.

DISPLAY

Half a trestle table will be available for the displaying of the Scrapbook.

NOTES

It is emphasised that Club information is displayed throughout.

Scrapbooks will be displayed by Wales YFC in the YFC marquee on Monday of the show.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – Scrapbook to be submitted to the Wales YFC centre, ready for judging prior to the Show.

SCALE OF MARKS

Cover Design	20
Content	80

TOTAL **100**



CYSTADLEUAETH 20

AR Y NEWYDDION

TÎM

Tri aelod (28 mlwydd oed neu'n iau)

TASG

Darlledu adroddiad newyddion yn fyw ar y llwyfan.

Bydd pob tîm yn cael briff a phecyn i'r gwasg yn cynnwys sawl ffynonellau gwybodaeth.

Bydd y stori'n ymwneud mewn rhyw ffordd â'r Gwasanaethau Brys.

OFFER

Caniateir cerddoriaeth a bydd technegydd y CFFI yn gyfrifol am chwarae pob ffeil MP3. Dylai cystadleuwyr ddarparu eu ffeiliau MP3 eu hunain, ond darperir offer PA.

NODIADAU

Bydd CFFI Cymru yn darparu bwrdd – gall cystadleuwyr ddod â'u gwisgoedd a'u propiau eu hunain ayyb. Ni chaniateir byrddau arddangos.

AMSER

30 munud o amser paratoi.

Caniateir 3 munud ar gyfer yr adroddiad newyddion byw. Caniateir 2 funud ar gyfer paratoadau llwyfan cyn y darllediad byw.

COSBAU

Hyd at 15 eiliad dros yr amser a ganiateir – 2 farc cosb; hyd at 30 eiliad dros yr amser a ganiateir – 5 marc cosb; a thynnir 5 marc cosb am bob 15 eiliad ar ben hynny.

DYDDIAD PWYSIG

Cyfarfod staff cyn y sioe (dyddiad i'w gadarnhau) – rhaid anfon y ffeiliau cerddoriaeth i Ganolfan CFFI Cymru erbyn y dyddiad hwn (dros ffon USB neu ffeil gerddoriaeth i'w anfon at information@yfc-wales.org.uk)

SYSTEM FARCIO

Arddull a Chyflwyniad	25
Cynnwys	25
Dehongli'r Briff	15
Defnyddio'r briff a'r pecyn i'r wasg	20
Gwaith tîm	15
CYFANSWM	100

COMPETITION 20

ON THE NEWS

TEAM

Three members (28 years of age or under)

TASK

Broadcast a news report live on stage.

Each team will be issued with a brief and press pack containing various sources of information.

The story will relate in some way to the Emergency Services.

EQUIPMENT

Music is allowed and the PA technician will be responsible for playing all the mp3's. Competitors to provide their own mp3 but PA equipment will be provided.

NOTES

Wales YFC will provide a table and chairs – competitors can bring their own costumes, props etc. No set will be allowed.

TIME

30 minutes preparation time.

3 minutes will be allowed for the live news report. 2 minutes will be allowed for stage preparation prior to the live broadcast.

PENALTIES

Up to 15 seconds overtime / undertime - 2 penalty marks; Up to 30 seconds overtime / undertime - 5 penalty marks; a further 5 penalty marks will be deducted for every 15 seconds thereafter.

IMPORTANT DATE

Pre-show staff meeting (date to be confirmed) – submission of the music files to Wales YFC Centre (via USB stick or music files to be sent to information@yfc-wales.org.uk).

SCALE OF MARKS

Style and Presentation	25
Content	25
Interpretation of Brief	15
Use of brief and press pack	20
Teamwork	15
TOTAL	100



CYSTADLEUAETH 15
GĒM Y CENEDLAETHAU

THEMA

Gwasanaethau Brys

TÎM

Dau aelod (rhwng 18 a 28 oed)

TASG

Gofynnir i'r cystadleuwyr, yn unigol neu fel tîm, i wneud/perfformio tasg o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

NODIADAU

Bydd CFFI Cymru yn darparu'r holl offer.

SGORIO

Cyfanswm marciau 100.

COMPETITION 15
GENERATION GAME

THEME

Emergency Services

TEAM

Two members (between 18 and 28 years of age)

TASK

Competitors will be required, individually or as a team, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NOTES

Wales YFC will supply all equipment.

SCORING

Total marks 100.



CYSTADLEUAETH 22

SIALENS Y CADEIRYDDION

TÎM

Cadeiryddion Sir

TASG

Gofynnir i'r cystadleuwyr, yn unigol, i gwblhau /perfformio tasg o fewn amser penodol, ar lwyfan y CFFI, fel a ddangosir gan y beirniad ar y diwrnod.

NODIADAU

Bydd CFFI Cymru yn darparu'r holl offer.

SGORIO

Cyfanswm Marciau 100.

COMPETITION 22

CHAIRMANS CHALLENGE

TEAM

County Chairman

TASK

Competitors will be required, individually, to complete / perform a task on the YFC stage in a given amount of time as demonstrated by the judge on the day.

NOTES

Wales YFC will supply all equipment.

SCORING

Total marks 100.